

Cyber-Safety Conversation within the family



57%

of parents have talked with their children about the appropriate use of mobile devices.

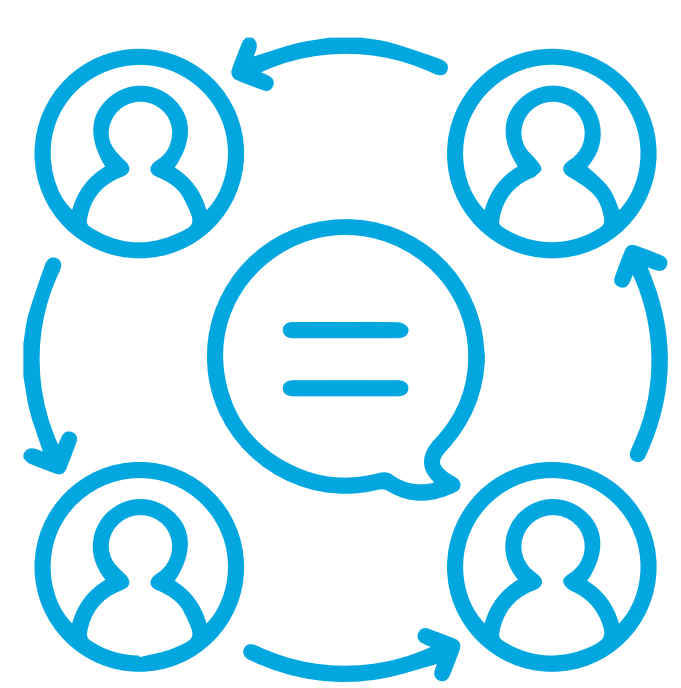
< Surveys found! >

48%

have discussed the importance of privacy settings on social media platforms ^{(1) (2)}.

How to start cyber-safety conversation with your family step by step?

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Establish Open Communication

Create a supportive environment where everyone feels comfortable discussing their online activities without fear of judgment.

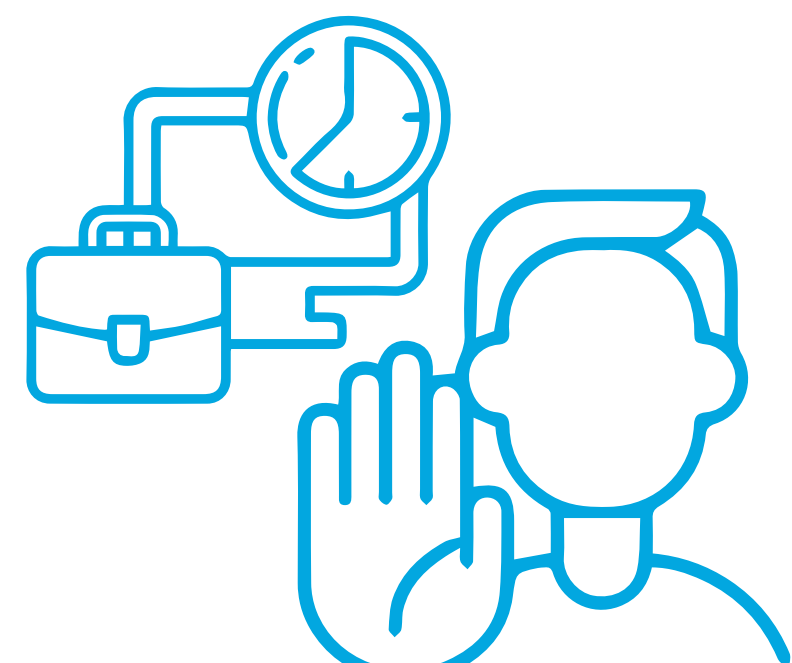
Educate About Online Risks

Help your family to recognize and respond to potential online risks, such as cyberbullying, inappropriate content, and online predators, effectively.



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Set Clear Boundaries

Encompassing parameters such as time spent online, appropriate content, and privacy controls on social media platforms. Maintain consistency in enforcing these regulations to foster a secure digital environment.

Teach Responsible Digital Citizenship

This includes being respectful to others online, protecting personal information, and thinking critically about the content they encounter. Encourage empathy and kindness in their online interactions.



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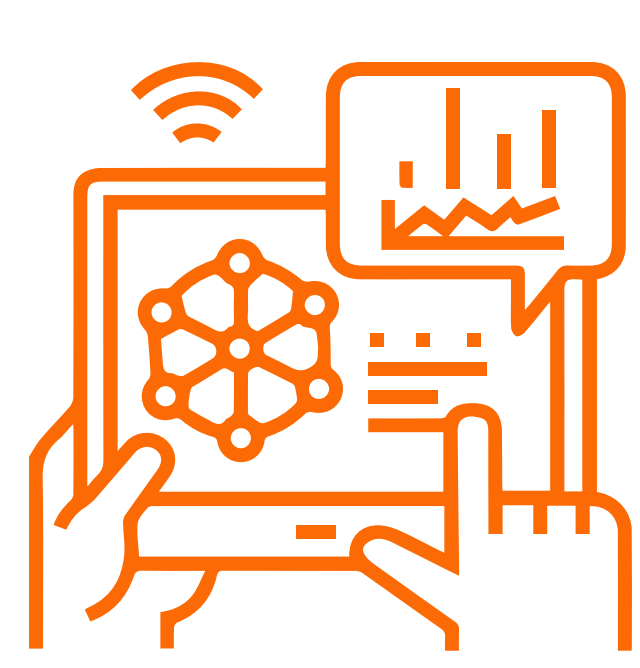


Lead by Example

Be a positive role model for your children by demonstrating responsible online behaviour yourself.

Stay Informed and Engaged

know the latest trends and technologies in the digital world, and regularly engage with your children about their online activities.



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Utilize Parental Controls and Tools

Take advantage of parental control features and monitoring tools available on devices and internet browsers to help safeguard your children's online experiences. Customize settings to align with your family's values and preferences.

Encourage Critical Thinking and Problem-Solving

Foster critical thinking skills in your children by encouraging them to question and evaluate the information they encounter online. Teach them how to identify misinformation, fake news, and online scams, and empower them to make informed decisions.



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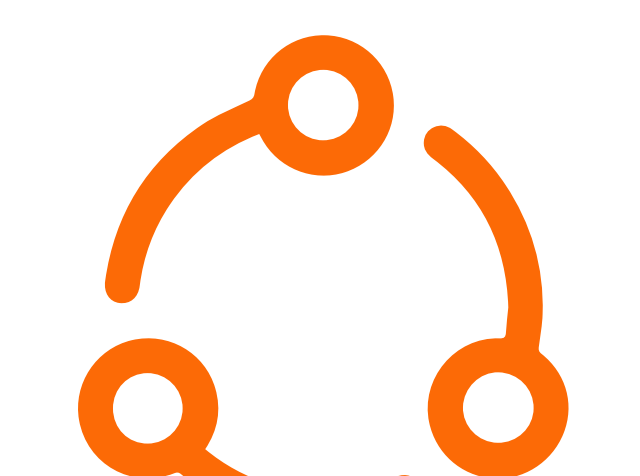


Foster Resilience and Empowerment

Help your children to develop coping strategies for dealing with online challenges and setbacks. Empower them to assert their boundaries, seek support when needed, and advocate for themselves in digital spaces.

Stay Connected and Supportive

Maintain an ongoing dialogue with your children about their online experiences, and provide them with emotional support and guidance as they navigate the complexities of the digital world.



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Take Action Today

By engaging in meaningful cyber-safety conversations with your children, you can empower them to make responsible choices, build positive digital habits, and navigate the online world with confidence and resilience.

Citations: (1) <https://www.common sense media.org/sites/default/files/research/report/common-sense-2021-state-of-kids-privacy.pdf>

(2) <https://www.esafety.gov.au/sites/default/files/2019-07/eSafety%20Research%20Parenting%20Digital%20Age.pdf>